



## **FOR DOCTORS: How To Escape into the Wedge**

### **Simple Overview**

- Opt Out of Medicare (see below)
- Have patients sign “I will not submit bills to Medicare” form
- End managed-care contracts as soon as possible
- Decide on cash-based or monthly Direct Primary Care practice
- Advise patients of your transition -- and the benefits to them
- Set transparent, affordable prices
- Take payment at the time of service
- Accept cash, check or charge
- Consider charity for the truly needy
- Accept all patients, insured or uninsured; Medicare, Medicaid or privately insured.
- Eliminate practice costs associated with managed care contracts, Medicare and Medicaid (e.g. EHR, checklists, coders/billers)

### **How to Opt Out of Medicare**

*From Association of American Physicians and Surgeons:*

*Opting Out:* [http://www.aapsonline.org/index.php/site/article/opt\\_out\\_medicare/](http://www.aapsonline.org/index.php/site/article/opt_out_medicare/)

*Additional Resources for Opting Out:*

[http://www.aapsonline.org/index.php/article/opting\\_out\\_of\\_medicare\\_additional\\_resources\\_for\\_physicians/](http://www.aapsonline.org/index.php/article/opting_out_of_medicare_additional_resources_for_physicians/)

***Enjoy freedom from outside controls, intrusions and costs — and provide your patients with a patient-friendly, pocketbook-friendly and privacy-friendly “Wedge practice”!***